

# HENDON NEWS

11<sup>TH</sup> OCTOBER 2018

## From the Deputy Head:

Dear Parents

Once again, this week has been a full and busy one at Hendon Prep.

On Tuesday, we held our first Tea-Time Concert of the academic year. This was a beautiful event, where we were treated to electric guitar, flute, violin, cello and piano performances from your talented children, with the choir providing the grand finale. A huge thank you to Ms Lorna Dawson who organised and co-ordinated the event. Read all about it on our website:

<https://www.hendonprep.co.uk/tea-time-concert/>

This week has been a busy week for football fixtures, with Hendon Prep sending teams to compete in the Devonshire House and Lyndhurst House Football Tournaments, and fixtures with King Alfred School. As well as showing off their football skills, our pupils demonstrate great sportsmanship at these events.

On Friday, Years 7 and 8 are off to the Science Museum for an exciting session linked to World Space Week, which fits in with our whole school theme of Discovery for this term.

It is hard to believe that we have already been back at school for six weeks with half term just around the corner! Many of you and your children will be looking forward to a well-earned rest, but undoubtedly you will

also want to make sure you are supporting your children with their learning over the half term holiday so that they are ready to hit the ground running when they come back in November.

Children in Years 6 and 8 are preparing for entrance exams and interviews for the schools which will form the next part of their journey in life and it is important that they are well prepared. However, don't forget that they also need to have time away from study and revision so that they do not end up being overloaded. Try to strike a balance between hard work and treats! Practising little and often is a good way to get the children used to the types of questions and styles of examinations they will face. This will help to equip them for when they sit mock tests in exam conditions in school after half term. Remember, there is no 'one size fits all' when it comes to revision. You know your child and what motivates them, however as a teacher, and as a parent, I can offer a few tips which you may find helpful:

- Get your child to 'buy into' a revision schedule, let them (mostly) take the lead in planning how much and when they should revise and they are more likely to stick to it (in theory!).
- Allow them to feel worried or stressed, don't dismiss these feelings, talk to your child about their feelings and reassure them that what they are feeling is completely normal.

- Understand that their first choice isn't to work throughout the half term break and so try not to dismiss them as simply being lazy.
- Ensure that they have plenty of breaks, additional activities and time outside. There are many ways a child can prepare for examinations that don't involve past papers.
- Keep the basics constant, plenty of sleep, good food and some semblance of a routine.
- Relax! If your child senses your stress it will only add to theirs.
- Remember there is no single 'best school' – there is only the best school for your child, and we are so very fortunate in north London to have the pick of a very large and diverse range of schools.

For other year groups that do not have tests looming, there are plenty of ways to engage in learning without having to sit at a desk. Reading opportunities are all around us and it can be fun to spot words, phrases and interesting snippets when you are out and about together; from reading road signs, adverts on buses and offers in shops to picking up on conversation points from newspapers and magazines. Equally with maths, encouraging your child to help work out costs of shopping, measuring and weighing ingredients for cooking and planning a journey are all fun ways of problem solving in a contextualised way.

**Nicola Scott-Phillips**

**Deputy Head Academic**

*(Mark Lloyd-Williams is away on conference this week)*

## School News:

- **2018 Bebras Challenge: 5th - 16th November**  
The Bebras Computing Challenge introduces computational thinking to students. It is organised by University of Oxford and supported by Google. It is organised in over 40 countries and designed to get students all over the world excited about computing. Students from Year 4 – Year 8 will take part in the challenge this year. Students can practice their computational thinking skills by completing past challenges at : <http://www.bebbras.uk/prepare.html>

then select past challenges.

Every student who takes part in the challenge will receive a certificate and top performing UK students in each category will be invited to Oxford University for the day to take part in the next stage of the challenge.

Good luck everyone!

Mrs Walmsley - Computing/  
ICT Teacher

- HPPG Film Night. Please remember to book your tickets for this wonderful new initiative through your class reps.

## REMINDER DATES:

- Friday 12<sup>th</sup> : Football: Boys U10 7 a side: Hendon v King Alfred  
Y7 & 8 Trip: Science Museum
- Monday 15<sup>th</sup> : Whole School Assessment Week  
LAMDA Assembly: 8.40am
- Tuesday 16<sup>th</sup> : ~~Pre-School Transition Meeting: 9am~~ **Postponed**
- Wednesday 17<sup>th</sup>: Y5 Trip: National Theatre
- Thursday 18<sup>th</sup> : Freshwater Theatre visit Y2: Florence Nightingale Workshop  
Year 4 Trip to Hendon Synagogue
- Friday 19<sup>th</sup> : Pupil's Progress Reports  
HPPG Cake Sale: 3.30pm  
**HALF TERM – USUAL DISMISSAL TIMES**
- Saturday 20<sup>th</sup> HPPG Movie Night: School Hall 4pm to 7pm

Monday 5<sup>th</sup> November : BACK TO SCHOOL

## WEEKLY HIGHLIGHT:

5W presented their assembly this week on the life of Mary Seacole, whose life they had been studying as part of Black History Month. The children presented their assembly to both parents and other pupils in Senior Prep. Find out more on our website:

<https://www.hendonprep.co.uk/5w-mary-seacole/>



## Next Week's Lunch Menu:



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Dish of the Day</b> Piri-Piri Chicken	<b>Dish of the Day</b> Baked Chicken Sausages With a Red Onion Gravy	<b>Dish of the Day</b> Lamb Bolognaise Lasagne	<b>Dish of the Day</b> Roasted Chicken With Gravy	<b>Dish of the Day</b> Pizza (Spicy Chicken and Sweetcorn Sauce)
<b>Vegetarian Option</b> Stuffed Pepper with Savoury Rice	<b>Vegetarian Option</b> Quorn Sausages with Red Onion Sauce	<b>Vegetarian Option</b> Three Cheese Macaroni Bake	<b>Vegetarian Option</b> Roasted Vegetable Filo Pie	<b>Vegetarian Option</b> Pizza (Vegetable and Margherita)
<b>Side Dish</b> Boiled Rice Garden Peas Coleslaw	<b>Side Dish</b> Mash Potatoes Green Beans Carrots	<b>Side Dish</b> Garlic Bread Sweetcorn Steamed Courgettes	<b>Side Dish</b> Roast Potatoes Medley Vegetables	<b>Side Dish</b> Chunky Chips Garden Salad Peas
<b>Jacket Potato</b> BBQ Boston Beans filling	<b>Pasta Bar</b> Tomato & Basil Sauce	<b>Jacket Potato</b> Tuna & Sweetcorn filling	<b>Pasta Bar</b> Cream of Chestnut Mushroom Sauce	<b>Jacket Potato</b> Baked Beans and Cheese
<b>Salad Bar</b> A range of composite & basic salads	<b>Salad Bar</b> A range of composite & basic salads	<b>Salad Bar</b> A range of composite & basic salads	<b>Salad Bar</b> A range of composite & basic salads	<b>Salad Bar</b> A range of composite & basic salads
<b>Pudding</b> Banana & Berry Smoothie Yoghurt Fresh cut fruit	<b>Pudding</b> Yoghurt Fresh cut fruit	<b>Pudding</b> Sticky Toffee Pudding served with Custard Yoghurt Fresh cut Fruit	<b>Pudding</b> Yoghurt Fresh Cut Fruit	<b>Pudding</b> Chocolate Krispies Cake Yoghurt Fresh cut Fruit
<b>Daily Salad Bar</b> With a selection of home cooked meats and freshly prepared salads				

## THIS WEEK'S MENU

COGNITA  
TEACHING EXCELLENCE

Week commencing: 04/09, 24/09, 15/10,  
05/11, 26/11

