

HENDON NEWS

17TH JANUARY 2019

From the Headmaster:

Dear Parents

As adults do we ever stop to play?

This question makes a number of assumptions, not least, that at some point in our lives we did indeed play or at least had the opportunity to play?

The ability to play or be creative is very much a key skill that we all need, no matter our age. This ability to create or to imagine is a life-skill and critical to all of us, not least in our personal development. Both now and in the future our children will draw on their imagination and creativity in navigating their way through new challenges both intellectual and social. Play also encourages us to be more resilient when we encounter a challenge. The ability to persevere when we have set-backs. It also encourages us to be more collaborative, to share, and to be part of a team, to listen and even the opportunity to lead.

When I observe our children at Hendon during their breaks playing with others, I recognise that this is also a valuable part of their personal development and as important as other formal lessons they receive at school each and every day. As adults, we should also engage in those opportunities to spend time with our children, whether it is playing football, tennis, chess or any other leisure

pursuit that exemplifies that we value such opportunities to engage in creative-play.

Over the past two months I have been writing School References and preparing our 11+ and 13+ candidates for school interviews. One observation I would make about our children is this: for the majority they are busy and engaged in lots of exciting activities, which makes them more interesting to know and teach; however, for some, all these exciting opportunities does not always bring about greater self-belief or resilience. Perhaps then, it is not the quantity of activities that is important but rather the quality of the experiences that we need to examine?

A final thought, I would encourage parents to allow their child time for unstructured play, time for boredom even, which encourages a child to respond to these moments by using their imagination and creativity. I would also give our children our time, something they desire most from us, and show them that there is much more to our personality than the adult who simply works. If we can do these things, then we are truly helping to educate our children and make them more interesting beings who others will want to spend time with and even employ in due course!

School News:

- **Charity News:**

This term we shall be supporting the charity 'Solarbuddy'.

SolarBuddy is a registered Australian charity dedicated to educating and empowering the next generation to change the lives of children living in energy poverty through its innovative school education and corporate engagement programs.

We shall be holding a variety of charity events including 'Light up Learning' (further details to follow), a non-uniform day and a cake sale. You can find out more information on this fabulous charity on their website:

<https://solarbuddy.org/>

If you or your child has an idea for a charity event you would like to run to raise money for this amazing charity, please contact Mrs Stirling directly: jennifer.stirling@hendonprep.co.uk

- **Music News:**

Our new guitar teacher, Mr English, is joining us after February half term. Please email Ms Dawson directly if your child would like to start lessons, with an indication if they are a beginner or a more advanced player - this is purely for

Mr English's information - places are already starting to fill up.

Our flute teacher, Ms Minelli, also has some spaces available, or if your child would like to learn drums with Mr White, again, please email Ms Dawson directly.

The next Tea Time Concert is on Tuesday 12th February at 4:30, and is now open to anyone in from Year 1 upwards. Names of pupils, together with the instruments and which piece of music to Ms Dawson by Tuesday 29th January at the latest. Places are filling up for this too, so sooner rather than later please.

- **Nursery & Pre-School places:**

If you have a child who you would like to join our Nursery Class in September (from 2.5 years old) please contact our Admissions Department as soon as possible to get a Registration form. Whilst we do have a sibling policy, we can only offer a sibling place if your child is registered with us and available places for Nursery and Pre-School are very limited now. Please contact Susan Kirby for further information: susan.kirby@hendonprep.co.uk

REMINDER DATES:

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| • Friday 18 th : | HPPG Cake Sale: School Hall from 3.20pm |
| • Monday 21 st : | LAMDA Assembly: 8.40am |
| • Wednesday 23 rd : | LAMDA Exams (In school) |
| • Thursday 24 th : | Explore Learning Workshop: Yrs 1 & 2 |
| • Friday 25 th : | Pre-School & Reception Trip: Radlett Centre |
| • Wednesday 30 th : | 6T Assembly : 8.40am |
| | LAMDA Exams (In School) |
| • Thursday 31 st : | Open Morning |

HIGHLIGHT OF THE WEEK:

The Year 6 Boys' football team competed in the school's first ever Barnet Partnership 4 School Sport tournament (BPSS) this week and finished a very respectable 3rd out of 16. The boys did fantastically well in a highly competitive tournament against other teams from South/ West Barnet. This excellent result means they qualify for the Barnet Borough Finals in February! Well done team!



Next Week's Lunch Menu:



MONDAY

Dish of the Day
Piri-Piri Chicken

Vegetarian Option
Stuffed Pepper with Savoury
Rice

Side Dish
Boiled Rice
Garden Peas
Coleslaw

Jacket Potato
BBQ Boston Beans filling

Salad Bar
A range of composite
& basic salads

Pudding
Banana & Berry Smoothie
Yoghurt
Fresh cut fruit

TUESDAY

Dish of the Day
Baked Chicken Sausages
With a Red Onion Gravy

Vegetarian Option
Quorn Sausages with
Red Onion Sauce

Side Dish
Mash Potatoes
Green Beans
Carrots

Pasta Bar
Tomato & Basil Sauce

Salad Bar
A range of composite
& basic salads

Pudding
Yoghurt
Fresh cut fruit

WEDNESDAY

Dish of the Day
Lamb Bolognese Lasagne

Vegetarian Option
Three Cheese Macaroni Bake

Side Dish
Garlic Bread
Sweetcorn
Steamed Courgettes

Jacket Potato
Tuna & Sweetcorn filling

Salad Bar
A range of composite
& basic salads

Pudding
Sticky Toffee Pudding served
with Custard
Yoghurt
Fresh cut Fruit

Daily Salad Bar

With a selection of home cooked meats and freshly prepared salads

THURSDAY

Dish of the Day
Roasted Chicken
With Gravy

Vegetarian Option
Roasted Vegetable Filo Pie

Side Dish
Roast Potatoes
Medley Vegetables

Pasta Bar
Cream of Chestnut
Mushroom Sauce

Salad Bar
A range of composite
& basic salads

Pudding
Yoghurt
Fresh Cut Fruit

THIS WEEK'S MENU

FRIDAY

Dish of the Day
Pizza
(Spicy Chicken and
Sweetcorn Sauce)

Vegetarian Option
Pizza
(Vegetable and Margherita)

Side Dish
Chunky Chips
Garden Salad
Peas

Jacket Potato
Baked Beans and Cheese

Salad Bar
A range of composite
& basic salads

Pudding
Chocolate Krispies Cake
Yoghurt
Fresh cut Fruit

